

**Rotary Club of East Maitland Inc.
OFFICE BEARERS (2025 - 2026)**

President: Chris Morgan (0423 072 991)

Secretary: Sandra Cleere (0447 885 277)

Treasurer: Lou Shirvington (0422 317 109)

P.O. Box 63 EAST MAITLAND 2323

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Website: eastmaitlandrotary.org.au

Club Chartered:

12 June 1961

ABN: 94 667 653 963

Authority to Fundraise No: 10195

Incorporation # Y1031810

COMMITTEE DIRECTORS

Immediate Past President

Sue Morgan (0401 421 322)

Assistant Secretary

Kim Le Page (0434 432 077)

Club Administration

Liz Holle (0410 454 538)

Membership

Sue Morgan (0401 421 322)

Public Image

Stuart Holle (0402 457 028)

Service

Brian Coffey (0414 811 943)

Foundation

Brian Morgan (0418 411 206)

Welfare

Nola Roser (403 190 230)

ROTARY DISTRICT 9660

District Governor

Evan Burrell

(Kath Danvers)

(RC Greenhills Maitland)



Community Leader

Glenda Briggs

(Keith Bush)

(RC East Maitland)



**ROTARY CLUB OF
EAST MAITLAND
WEEKLY BULLETIN
12 MAY 2026**



May is Youth Services month



Rotary International President

Francesco Arezzo

Rotary Club of Ragusa

Sicily, Italy

**UNITE
FOR
GOOD**



**ROTARY CLUB OF
EAST MAITLAND**



President Christopher Morgan opened the meeting at 6:35 with an Acknowledgement to Country.

Apologies were received from Eric and Cindy Modderman, Liz Holle, Stacey Jacobs, Tony and Nola Rosa, Mike Goddard Larissa Fonseca and Julie Dixon.

Our **Rotarian of the week** was Vikki Cunningham.

President Christopher reminded us to fill in the beneficiary nomination forms for our annual

funds distribution. Final decisions will be made at the board meeting on Thursday. 18 members have signed up to go to the Maitland Sunrise 50th Anniversary dinner this Friday night. Next week will be the Heartprint Dinner at Telarah Bowling Club, Tickets are still available, [click here](#) to make your booking on our website. Cessnock Club will be holding a Trivia Night on Saturday 23rd May.

Nola Roser sent a report in, as she was not feeling well herself. Our thoughts are with Narelle and Trevor, who both had operations on their hands in the last week and are sporting bandages.

Stuart showed us the new Walking Group page on our website. The page includes a calendar that tells us when and where the next walking group activities are to be held at. [Click here to see the page.](#) Thanks to Carol for the graphic!



| | 18 th May | 26 th May | 2 nd June |
|----------------------|---------------------------------|---------------------------------|---------------------------------|
| ACTIVITY / SPEAKER | Wendy O'Brien Pheap (Siem Reap) | Larissa Fonseca | Kylie McPherson |
| TOPIC | Heartprint | Safari | Behind the Badge |
| INTRODUCE | | Liz Holle | Sue Morgan |
| THANKS | | Nikki Cousins | Geoff Hicks |
| FELLOWSHIP | | Judy Hicks | Caol Coffey |
| Thought for the Week | | Dallas Horadam | Dallas Horadam |
| LOCATION | TELARAH BOWLING CLUB | GEORGE TAVERN 6.00PM for 6.30PM | GEORGE TAVERN 6.00PM for 6.30PM |

Brian Morgan gave a Foundation Report. Unfortunately, there are currently 3 cases of wild Polio in Afghanistan and 3 cases in Pakistan, the End Polio Now mission is not done yet!

In service this week, Brian Coffey thanked Karina and Carol for stepping up at short notice for the George raffle. We got to talking with a business owner there and we now have a new gold sponsor for the Healthstays Golf Day in 2027. A safe food handling course was attended by Geoff and Judy Hicks and Carol Coffey at Cessnock last week. We have been converted to cracking eggs on the flat to avoid getting shell in the cook. You can too. We are looking for a champion for Pickers on 6th June.

FOR YOUR DIARY

(Website eastmaitlandrotary.org.au)

Walking Group every Wednesday

May 2026

- 15 – Maitland Sunrise Rotary’s 30th Birthday
- 18 – Heartprint Dinner – Telarah Bowling Club
- 19 – No RCEM meeting
- 22 - 24 - Caravan Show - marshalling
- 23 - Pickers Canteen
- 23 – Cessnock Trivia Night

June 2026

- 6 - Pickers Canteen
- 13 – Pickers Canteen
- 19 – 21 Proposed Camping Weekend
- 27 – Rford-Telarah’s 50th Birthday Changeover
- 30 – RCEM Club Changeover

This week’s guest speaker was Betty Kitchener from the Australian Rotary Health Fund. Betty Joined us via Zoom to give us some background on this very worthwhile and integral project of Rotary. The fund was started by [Rotarian Ian Scott](#), a Banker from

Rural Victoria who, 1981 saw that something had to be done about Sudden Infant Death Syndrome (SIDS). The fund raised \$2M for research that



resulted in a change to the way we all put our babies down to sleep. The legacy continued with further fundraising that has since branched into many different projects and

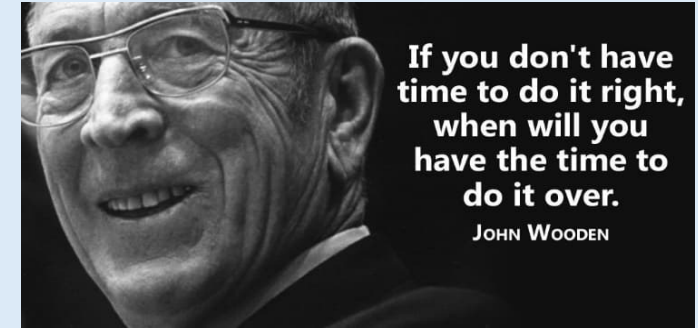


support for academic research and scholarships. In 2022, the fund’s attention turned to child mental health with a focus to “nip the issue in the bud”. Lift the lid is one of the fund’s signature projects, and one that RCEM has got behind many times, including our Hat day last year and who could forget the fashion parade of 2023? Now, the Australian Rotary Health Fund is Australia’s largest funder of Mental Health research, but unfortunately, only 5 – 10 % of applications received get funded. There is more to do! Funds go to: Project Grants, Research Scholarships including both doctoral and post doctoral in all health areas and. Indigenous health undergraduate scholarships are an important way the fund helps to nurture doctors in outback communities.

Events like the Lift the lid Walks also promote awareness and are just as important as the fundraising. The fund is managed through the proceeds of an endowment plan, meaning that 100% of donations go to where they can do the most good... their intended projects like: SIDS, Mental Health First Aid Courses, Cool Kids Program, Lung Transplant Program, Youth Depression, Diet, Alcohol in Youth

research, Bowell Cancer, Rural Medical Scholarships and PTSD. [Click here to see more about the Australian Rotary Health Fund](#) Kylie McPherson thanked Betty for her presentation.

Thought for the Week
John Pace



Just in case you missed it!



This article in Rotary Down Under in March / April showcased the great work undertaken by RCEM in the 2026 Cambodia trip. [Click here to see the article.](#)



Rotary 
East Maitland

Heartprint Dinner

WENDY O'BRIEN and SREY PHEAP ARE VISITING AUSTRALIA

DATE: Monday 18th May 2026 6pm
WHERE: Telarah Bowling Club
COST: \$40
TICKETS ON QR CODE

