

This is the River run map and roster for points 12-20 on Sunday 7 June 2026

Meetup at Athletics field at 6.15am / briefing by 6.30am / sign on, get fluoro vest and grab waters from esky, food if needed, go to toilet and be on site by 6.45am.

Louise and Liz are better off driving to the turnaround point in Sempill St (behind the courthouse); it is just about where the footpath from the river comes back up into the carparks on your right (Put 44 Sempill St in your GPS).

The drink station needs plenty of water out ready for the runners. Lead runners in the ½ marathon will be at the turnaround before 7.30am.

Place water well spaced on tables for a swooping pick up by runners, or hold it out with you finger tips (clean) holding the cup rim so that the runners can grab the whole cup – some may take 2 – if they are held out.

If drinks are close together they will send them flying like bowling pins.

The point Chris has is not real active, early on – he may have time for some drone shots once the leaders are through.

The start times for the races are:

7:00am – The Mutual Bank Half Marathon (approx. 21km)

The runners will start in the stadium, head to Harold Gregson Park, Maitland Park and return.

Lead runners will be running at about 20km/h+. Expect them to be coming back out onto Point 1 about 7.20am and up onto the river loop.

We need all 12 – 26+1 ready at 6.45am to start the race and 1-11 notifying they are ready by 7 (suggest a chair for those on 1-11- but be alert for the runners).

Both drink stations need plenty of water out ready for the runners. Lead runners will be at the Maitland Park turnaround by about 7.10am.

Place water well spaced on tables for a swooping pick up by runners, or hold it out with you finger tips (clean) holding the cup rim so that the runners can grab the whole cup – some may take 2 – if they are held out.

If drinks are close together they will send them flying like bowling pins.

The lead runners should be finished about 8:10/15 and will continue until the tailenders about 10-10.30am.

An official on a bike will tell you the last runner.

Stand down will be 26, 25, 24, 23, 22, 21, 20, 19, 18, 17, 16, 15, 14, 13, 12 – head back grab a drink/bite to eat and then, if staying, maybe see if you can give someone a toilet break or help in canteen / catering van, otherwise sign off that you are OK.

Suzanne Morgan will set up with Meg and then roam, to do toilet relief. Toilets are in Harold Gregson Park and the Athletics stadium or up on the river bank toilets. Toilets in Maitland Park are not the best for women.

8:45am – Quarry Mining 12 km

This will start while there are still ½ marathon runners on the course – it is the river loops and runners must be alert that they stay RIGHT and be alert to returning runners.

9:45am – The Athletes Foot 8 km

When this starts you will have tail ender ½ marathon runners returning, plus tailender 12km runners heading to turn 11/12 and also returning.

10:30am – The Loxford 4 km

All ½ marathon runners and 12km runners should be finished; you will likely have 8km walkers, children, run-walkers still out there when this starts

A tail end cyclist will stand you down – starting out at 10/11 and returning

The 12 km, 8 km and 4 km runs will run on the 4km loop course many of the marshalls are used to.

Starting at the Maitland Regional Athletics, they will run approximately 300 metres anti-clockwise to gate (point1), on the western side of the venue, follow the path past the league sports field, cross James Street into Odd Street, (traffic controllers in place with marshalls), then cross Hunter Street to the riverbank (7 &8). On the riverbank they run north (9), travelling under Belmore Bridge and towards the park on Sempill Street, just north of the Court House to the drink station,(10,11) and turn back on the same route and into the track. 4 km runners = one lap, 8km = two laps, 12 km runners = three laps.

½ Marathon runners will run out into Harold Gregson Park, through to Maitland Park and return – they will do 2 laps of the River circuit.

WE ARE NOT TRAFFIC CONTROLLERS OR LAP COUNTERS.



Point	Marshal/Crew Name	Location	Times in place	Description	Experience
7	Steve S	Bottom of path on river bank at end of Hunter St	6.45am - 11.00am	Direct runners up the path and on return direct runners back to Hunter St western side of Hunter St	Low
8	Glenda S	Top of river bank near ramp	6.45am - 11.00am	Direct runner to run west toward Belmore Bridge and on return direct to grass ramp. Warn of slippery surface.	Medium
9	Chris Morgan	Intersection of path that heads down and up from river	6.45am - 11.00am	Direct runners on course and pedestrians to use other paths	Low
10	Liz	Western end of path near Sempill St. Is also a drink station	6.45am - 11.00am	Direct runners to make a U turn and offer a drink. A drink station will be position there.	Medium
11	Louise	Western end of path near Sempill St. Is also a drink station	6.45am - 11.00am	Direct runners to make a U turn and offer a drink. A drink station will be position there.	Medium