

This is the River run map and roster for points 12-20 on Sunday 7 June 2026

Kathy – the site is Maitland Athletics Centre – off High St Maitland. Head into Maitland, turn at the Vistors centre into High St, go over the bridge and turn right at the new car wash (on the right) – opposite the Shell Service Station (on your left). The athletics centre car park veers to your left. The large Rotary van will be outside the main entrance – where we will have the canteen operating

Meetup at Athletics field at 6.15am / briefing by 6.30am / sign on, get fluoro vest and grab waters from esky, food if needed, go to toilet and be on site by 6.45am.

All points can be easily walked to in Harold Gregson Park, or out to in front of **St Vincent De Paul (the old driveway ramp)**, Mazda, and up to Harold Gregson Park. **Traffic controllers will get the runners across High St.**

The route through the Park will be marked.

Suzanne Morgan will set up with Meg and then roam, to do toilet relief / photos. Toilets (clean) are in Harold Gregson Park near the playground and the Athletics stadium.

We should be over before 10am – as after Point 12 Vicki – they have 4km to go on the riverbank and back to the stadium

Meg – once your husband comes back past you, it will be ok to leave your post and head back into the finish line while he runs out and back to finish his last 4 km. This point is unlikely to be any real issue at this hour of the morning; I even questioned if it was needed.

The start times for the races are:

7:00am – The Mutual Bank Half Marathon (approx. 21km)

The runners will start in the stadium, head to Harold Gregson Park, Maitland Park and return.

Lead runners will be running at about 20km/h+. Expect them to be coming back out onto Point 1 about 7.20am and up onto the river loop.

We need all 12 – 26+1 ready at 6.45am to start the race and 1-11 notifying they are ready by 7 (suggest a chair for those on 1-11- but be alert for the runners).

Both drink stations need plenty of water out ready for the runners. Lead runners will be at the Maitland Park turnaround by about 7.10am.

Place water well spaced on tables for a swooping pick up by runners, or hold it out with your finger tips (clean) holding the cup rim so that the runners can grab the whole cup – some may take 2 – if they are held out.

If drinks are close together they will send them flying like bowling pins.

The lead runners should be finished about 8:10/15 and will continue until the tailenders about 10-10.30am.

An official on a bike will tell you the last runner.

Stand down will be 26, 25, 24, 23, 22, 21, 20, 19, 18, 17, 16, 15, 14, 13, 12 – head back grab a drink/bite to eat and then, if staying, maybe see if you can give someone a toilet break or help in canteen / catering van, otherwise sign off that you are OK.

8:45am – Quarry Mining 12 km

This will start while there are still ½ marathon runners on the course – it is the river loops and runners must be alert that they stay RIGHT and be alert to returning runners.

9:45am – The Athletes Foot 8 km

When this starts you will have tail ender ½ marathon runners returning, plus tailender 12km runners heading to turn 11/12 and also returning.

10:30am – The Loxford 4 km

All ½ marathon runners and 12km runners should be finished; you will likely have 8km walkers, children, run-walkers still out there when this starts
A tail end cyclist will stand you down – starting out at 10/11 and returning

The 12 km, 8 km and 4 km runs will run on the 4km loop course many of the marshals are used to.

Starting at the Maitland Regional Athletics, they will run approximately 300 metres anti-clockwise to gate (point1), on the western side of the venue, follow the path past the league sports field, cross James Street into Odd Street, (traffic controllers in place with marshals), then cross Hunter Street to the riverbank (7 &8). On the riverbank they run north (9), travelling under Belmore Bridge and towards the park on Sempill Street, just north of the Court House to the drink station,(10,11) and turn back on the same route and into the track. 4 km runners = one lap, 8km = two laps, 12 km runners = three laps.

½ Marathon runners will run out into Harold Gregson Park, through to Maitland Park and return – they will do 2 laps of the River circuit.

WE ARE NOT TRAFFIC CONTROLLERS OR LAP COUNTERS.



Point	Marshal/Crew Name	Location	Times in place	Description	Experience
12	Vicky T	Eastern end of new section at track gate	6.45am - 10.00am	Direct runners in and out of track (first lap towards park)	Medium
13	Sue Matinya	On Path intersection for Harold Gregson park	6.45am - 10.00am	Direct runners out and back to path. Runners stay right	Low
14	Sandra	On Path intersection for Harold Gregson park back into and out of playground	6.45am - 10.00am	Drink station and general admin near finish	Low
15	Meg / Sue M (Relief / Photos)	on path in playground near park toilets	6.45am - 10.00am	Alert pedestrians of activity	Low
16	Torri	On path that leads into playground	6.45am - 10.00am	Alert pedestrians of activity	Medium
17	Brian M	At exit entry into Harold Gregson Park (near High St path)	6.45am - 10.00am	Direct to path (alert not to run on road) and reverse	Medium
18	Kathy	Mazda driveway (note not open until 9.00am)	6.45am - 10.00am	Direct runners in single file and allow vehicle to cross later in morning. Traffic controller to help.	High
19	Brian C	Skinny section of path	6.45am - 10.00am	Direct runners to be in single file either way	High
20	Stuart	Near Salvos crossing point	6.45am - 10.00am	Direct runners to crossing point of High St	High
21	Karina	East side of foot bridge	6.45am - 10.00am	Direct runners to slow down and enter/exit foot bridge	Medium
22	Michael T	west side of footbridge	6.45am - 10.00am	Direct runners to slow down and enter/exit foot bridge	Medium
23	Vacant	on park path near playgrounds	6.45am - 10.00am	Direct runners out and back to path. Runners stay right	Low
24	Vicki Mendyk	on path near the crossing of internal park road	6.45am - 10.00am	Direct runners out and back to path. Runners stay right	Low
25	Lyndsay Walker	Near hockey field paths	6.45am - 10.00am	Direct runners out and back to path. Runners stay right. Watch out for hockey driveway	Low
26	Nola	Back of park off Park St near fitness	6.45am - 10.00am	Drink station and turn point	Low
26 +1	Tony	Back of park off Park St near fitness	6.45am - 10.00am	Drink station and turn point	Low